The Indigenous Students Health Sciences Office presents:

HEALTH & WELLNESS WITH KATHY KNOTT

WEDNESDAY FEBRUARY 24TH, 10:30-11:15AM EST

Come make a medicine pouch, hang out with Kathy, and discuss wellness strategies to surviving & thriving in the sciences!

Open to all self-identifying Indigenous students in the sciences & health sciences.

Visit: https://forms.gle/p86NweSTLVVsp5Xz8 or email Maggie at: powlessm@mcmaster.ca to register

REGISTRATION OPEN UNTIL FEB 10TH